

96th

Annual Report 2021 – 2022

CANBERRA MOTHERCRAFT SOCIETY



Ija Mulanggari, Goodtha Mulanggari
Thriving Mothers, Thriving Babies



Canberra Mothercraft Society Inc.

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ABN 27 358 139 470

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President's Message

As in the preceding financial year, 2021-22 has seen another period of considerable effort by the CMS board. With the vital development of the strategic plan behind it, the board shifted its focus to other challenges, including further refining CMS's brand and its place within the community.

The departure from QEII, with which CMS's identity was so intricately linked, has required an examination of how best to reflect a 96-year-old organisation that has evolved quite significantly into its current form.

While CMS remains committed to supporting the wellbeing of women, babies and their families, the ways in which it does this have changed. No longer will CMS provide direct services to families but rather aims to support other like-minded organisations and individuals to do so in various ways.



This shift in identity and operations from the QEII era has led the board to recognise the necessity of rebadging CMS to better reflect its current reality, while staying true to, and proud of, its long history.

The implications are far-reaching, affecting all the means through which CMS interacts with the community, from its website to its name, branding and social media.

It had long been evident to the board that the CMS website, which had been developed during the QEII years and still mirrored that period, was in need of an overhaul. More profoundly, it became clear that CMS needed a name and look that reflected a contemporary approach and aligned more closely with its change in direction.

The latter has proved a task requiring much discussion, debate, imagination and, not least of all, steadfastness and patience. It included a creative session at the National Gallery of Australia, using art as inspiration, ably facilitated by new board member Frances Wild, who was previously employed at the NGA.

At the time of writing, this work is proceeding well and, with the support of members, CMS hopes to rename itself in the coming financial year and begin to build a new brand on the strong

foundation of our notable history. In the meantime, we have moved forward on a related front and in March a new website went live. Thanks to CMS business manager Colleen Josifovski for creating a bright, stylish new online presence for CMS.

Important work has also been under way to secure solid foundations for CMS's financial future. The CMS board and finance committee have conducted a review of our investments and sought specialised advice on ethical investing as a not-for-profit organisation. This will see CMS move to a new investment structure in the 2022-23 financial year, and we look forward to reporting further on this.

Change has also been evident in the make-up of the board, with the retirement in November of two long-serving board members, Lynne Johnson and Philippa Lynch. Lynne served in many roles, including as president, public officer and chair of a number of committees. Over her 23-year involvement, she proved a passionate advocate and tireless worker for CMS. Under her guidance, CMS supporters the Knitters are still knitting and the Hydrangeas are still blooming. In Philippa's equally illustrious 23-year board membership, her legal background assisted the board on many occasions; particularly during the transition from QEII her wise counsel and steady, guiding hand were much appreciated.

In September, the board farewelled Robby McGarvey, whom we were sad to lose to a busy career in the community sector.

The board was delighted to award new Life Memberships to Lynne and Philippa, as well as to two other long-serving board members, Wendy Saclier and Viola Kalokerinos. All fully deserve this recognition, as per our constitution, for the "distinguished and valuable service" they have rendered to the CMS cause.

The subsequent vacancies on the board have been filled by three outstanding new members: Lisa Anderson, Tish Mercieca and Frances Wild. They bring invaluable skills to CMS and have already made significant contributions to board deliberations and oversight.



In terms of CMS projects, the continuation of our successful 2021 inaugural Mary Kirk Fellowship saw the publication of a peer-reviewed paper by Professor Hannah Dahlen *et al* in April 2022 in *Women and Birth*, the official journal of the Australian College of Midwives. Titled “A comparison of the *Woman-centred care: strategic directions for Australian maternity services (2019)* national strategy with other international maternity plans”, the paper is available to read on our website.

A second paper, analysing responses by an expert panel to the webinar, titled “Maternity service professionals’ perspectives of ‘the good, the bad, and the possible’ in Australian maternity services: a content analysis” is awaiting publication in the journal *Sexual and Reproductive Healthcare* at the time of writing.

In October, the board finalised the Mary Kirk Fellowship policy, and our thanks go to Philippa Lynch for her comprehensive and meticulous authorship of the policy. The fellowship will be awarded biennially to commission an academic paper and public lecture that will inform public debate and understanding of matters affecting women’s and children’s health and the wellbeing of families. The next fellowship will be awarded in 2023.

CMS has continued its close collaboration with Maternal Health Matters on the *Right Birth, Your Choice* project. CMS is funding the production of an online workshop to complement

the *Right Birth, Your Choice* video outlining birth choices for expecting mothers. We look forward to reporting on the completed project next year.



In March, CMS contributed \$5000 to the Rhodanthe Lipsett Indigenous Midwifery Charitable Fund. This will provide a Category A scholarship under the scheme. CMS is building its relationship with the fund, which bears the name of a beloved former CMS life member and legendary midwife, and hopes to become a long-term supporter of its scholarship scheme.

The board was delighted to learn that Vanessa Bakker completed her scholarship under the CMS scholarship scheme, achieving a Graduate Certificate in Health Care Management from Murdoch University. Congratulations, Vanessa.

In terms of document management, CMS has moved to a new system with Microsoft SharePoint, under the

Microsoft not-for-profit portal. Thanks to Colleen Josifovski for a great job of organising the transition and hours spent uploading files.

CMS also conducted a review of its insurance policies and has secured a better deal with a new broker, halving the previous premium.

As the Australian Charities and Not-for-profit Commission does not require an audit for charities of CMS’s size and revenue, by special resolution the constitution has been changed to reflect this. Sincere thanks to Kathryn Forster for her ongoing support and assistance in compiling the annual financial statement required by the ACNC.

Finally, heartfelt thanks go to the board – Maria Edwards (vice-president and treasurer), Fiona Smith du Toit (secretary), Kathy Metallinos (public officer), Jane Smyth OAM, Frances Wild, Tish Mercieca, and Lisa Anderson – for their contributions to a productive year, for their willingness to grapple with difficult decisions, their dedication and their good humour in the face of these demands. Thanks to Colleen Josifovski, as always, for her unfailing attendance to the business of running CMS, which she does with grace and diligence.

I commend this annual report to you and look forward to another productive year ahead for CMS.

Gia Metherell
President



2021-22 Board Members

Gia Metherell (President)	Master of Letters Bachelor of Arts
Maria Edwards (Vice-President & Treasurer)	Certificate IV in Property Services
Kathy Metallinos (Public Officer)	Cert IV in Project Management; Cert IV in Procurement and Contract Management; Adv Cert in Public Administration
Fiona Smith du Toit (Secretary)	Bachelor of Architecture (First Class Honours)
Lisa Anderson	Bachelor of Counselling Cert IV in Workplace and Business Coaching Diploma of Business Management
Lynne Johnson (Retired Nov 2021)	MEd (Counselling) BA Speech Pathology
Philippa Lynch (Retired Nov 2021)	BA LLB (Hons)
Tish Mercieca	Bachelor of Arts (Psychology) / Bachelor of Social Work Diploma of Community Services Certificate V Train Small Groups Certificate IV Workplace Assessor
Jane Smyth OAM	Master of Philosophy Bachelor of Education (Early Childhood) Dip SKTC
Frances Wild	Bachelor of Arts (Art History and Curatorship) General Nursing Certificate

2021-22 Committees

Governance Committee

Gia Metherell [Chair]
Lisa Anderson
Tish Mercieca
Kathy Metallinos

Finance and Audit Committee

Maria Edwards [Chair]
Fiona Smith du Toit
Kathy Metallinos

Community and Public Relations Committee

Gia Metherell [Chair]
Jane Smyth OAM
Lisa Anderson
Frances Wild
Colleen Josifovski [Administration]



2021-2026 Strategic Plan

OUR VISION

Healthy families through:
Thriving Mothers, Thriving Babies.
Ija Mulanggari, Goodtha Mulanggari (Ngunnawal language).

OUR MISSION

To support and influence the delivery of comprehensive policies and services for the well-being of women and families in the pre-natal and early years.

OUR VALUES

We value:

- the use of reliable evidence as the foundation for policy development and service delivery;
- primary health care focused on achieving physical, emotional and psychological well-being and strengthening family resilience;
- close links to the community;
- respect for individuals and cultural differences; and
- strong leadership as a good community organisation.

OUR STAKEHOLDERS

We will achieve our objectives through working with our stakeholders:

- ACT community
- Child and family health providers, researchers and professionals
- Mothers
- Families with young children
- Members

OUR OBJECTIVES

1. To support the wellbeing of women and families with young children through:

- encouraging the development of coordinated primary health care policies;
- promoting evidence-based models of care, community development and primary health care programs;
- promoting woman-centred care in maternity services;
- supporting continuing education in the fields of midwifery and child and family health;
- supporting research in primary health care for women and families;
- identifying emerging health needs of families through advisory committees; and
- working in collaboration with communities and partners in the field.

2. To demonstrate best practice as a community organisation in all of our activities, through:

- focus on organisational purpose, direction and achievement of strategic ends;
- striving for contemporary best practice governance; and
- providing sound leadership through a skilled board.

3. To strengthen community awareness and support for CMS and our role in the community.

4. To ensure financial sustainability in the short and long term to enable achievement of our strategic objectives.

KEY OUTCOMES

- Partnerships
- Sponsorships
- Fellowships
- Scholarships

Financial Statements

CANBERRA MOTHERCRAFT SOCIETY INCORPORATED

ABN: 27 358 139 470

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2022

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CANBERRA MOTHERCRAFT SOCIETY INCORPORATED

ABN. 27 358 139 470

FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2022

BOARD MEMBER'S REPORT

The members of the Board of the Canberra Mothercraft Society Incorporated present their report for the year ended 30 June 2022.

Directors:

The names of persons who were members of the Board at any time of the year and at the date of this report are as follows:

Ms L Anderson	Mrs M Edwards	Mrs L Johnson	Mrs P Lynch
Ms T Mercieca	Mrs K Metallinos	Ms G Metherell	Ms F Smith du Toit
Ms J Smyth	Ms F Wild		

Principal Activity:

The Society is committed to supporting and influencing the delivery of comprehensive policies and services for the well-being of women and families in the pre-natal and early years.

Significant Changes:

No significant change in the nature of these activities occurred during the year.

Signed in accordance with a resolution of the Members of the Board.



M Edwards
Treasurer



G Metherell
President

CANBERRA, 21 September 2022

CANBERRA MOTHERCRAFT SOCIETY INCORPORATED
ABN: 27 358 139 470

**COMBINED INCOME STATEMENT
FOR THE YEAR ENDED 30 JUNE 2022**

	2022	2021
INCOME		
Bank Interest	526	1,103
Distributions and dividends	91,790	20,177
Government Covid Subsidy	0	20,000
Miscellaneous	723	588
Unrealised gains on investments	0	170,813
	-----	-----
	93,039	212,681
	-----	-----
EXPENDITURE		
Administration	91,667	73,319
Project costs	19,100	22,719
Unrealised losses on investments	122,720	0
	-----	-----
	233,487	96,038
	-----	-----
OPERATING (DEFICIT) /SURPLUS FOR THE YEAR	(140,448)	116,643
	=====	=====

**COMBINED BALANCE SHEET
AS AT 30 JUNE 2022**

	2022	2021
Current Assets		
Cash	1,068,971	1,183,568
Investments	839,004	889,613
Receivables	19,149	0
	-----	-----
TOTAL ASSETS	1,927,124	2,073,181
	-----	-----
Current Liabilities		
Creditors and accruals	0	5,609
	-----	-----
TOTAL LIABILITIES	0	5,609
	-----	-----
NET ASSETS	1,927,124	2,067,572
	=====	=====
Equity		
Opening balance	2,067,572	1,966,592
Net (deficit) / surplus for the year	(140,448)	116,643
Transfer to / (from) reserves	0	(15,663)
	-----	-----
TOTAL EQUITY	1,927,124	2,067,572
	=====	=====

CANBERRA MOTHERCRAFT SOCIETY INCORPORATED
ABN: 27 358 139 470

**NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2022**

1. Summary of Significant Accounting Policies
The Society was formed in 1927 and is incorporated under the Associations Incorporation Act, 1991, ACT. It is registered with the Australian Business Register - Australian Business Number 27 358 139 470. The Society is not registered for Goods & Services Tax purposes. The Society is registered as an income tax exempt charity and as a deductible gift recipient and is registered as a charity with the Australian Charities and Not-for-profits Commission.

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of Division 60 of the *Australian Charities and Not-for-profits Commission Act 2012*. The Board has determined that the association is not a reporting entity.

The financial statements have been prepared in accordance with the notes to the financial statements and the following Australian Accounting Standards:

- AASB 101, *Presentation of Financial Statements*
- AASB 108, *Accounting Policies, Changes in Accounting Estimates and Errors*
- AASB 1048, *Interpretation of Standards*
- AASB 1054, *Australian Additional Disclosures*.

The financial report has been prepared on an accruals basis and is based on historic costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following material accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

- (a) Income Tax**
The Association is registered as an income tax exempt charity with the Australian Tax Office. Consequently, no provision for taxation has been made in the financial statements.
- (b) Cash and Cash Equivalents**
Cash and cash equivalents includes cash on hand, deposits held at call with financial institutions, other short term, highly liquid investments with original maturities of three months or less that are readily convertible to known amounts of cash and which are subject to an insignificant risk of changes in value, and bank overdrafts.
- (c) Trade and Other Creditors**
These amounts represent liabilities for goods and services provided to the economic entity prior to the end of the financial year and which are unpaid. The amounts are unsecured and are usually paid within 30 days of recognition.
- (d) Investments**
Investments are measured at fair value. Fair value is the market value of the investments as at the balance date.

CANBERRA MOTHERCRAFT SOCIETY INCORPORATED
ABN: 27 358 139 470

CANBERRA MOTHERCRAFT SOCIETY INC.

**INCOME STATEMENT
FOR THE YEAR ENDED 30 JUNE 2022**

	2022	2021
INCOME		
Bank interest	517	1,075
Miscellaneous	723	396
Government Covid Subsidy	0	20,000
	-----	-----
	1,240	21,471
	-----	-----
EXPENDITURE		
Administration	84,837	67,909
Project costs	19,100	22,719
	-----	-----
	103,937	90,628
	-----	-----
OPERATING (DEFICIT) FOR THE YEAR	-----	-----
	(102,697)	(69,157)
	=====	=====

**BALANCE SHEET
AS AT 30 JUNE 2022**

Current Assets		
Cash	979,684	1,087,990
	-----	-----
TOTAL ASSETS	979,684	1,087,990
	-----	-----
Current Liabilities		
Accounts payable	0	5,609
	-----	-----
TOTAL LIABILITIES	0	5,609
	-----	-----
NET ASSETS	979,684	1,082,381
	=====	=====
Equity		
Opening balance	1,082,381	1,167,201
Net (deficit) for the year	(102,697)	(69,157)
Transfer to/(from) reserves	0	(15,663)
	-----	-----
TOTAL EQUITY	979,684	1,082,381
	=====	=====

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CANBERRA MOTHERCRAFT SOCIETY INCORPORATED
ABN: 27 358 139 470

**CANBERRA MOTHERCRAFT SOCIETY
SCHOLARSHIP SCHEME**

**INCOME STATEMENT
FOR THE YEAR ENDED 30 JUNE 2022**

	2022	2021
INCOME		
Bank interest	1	5
Distributions	49,515	12,306
Dividends	530	530
Unrealised gains on investments	0	111,738
	-----	-----
	50,046	124,579
	-----	-----
EXPENDITURE		
Scholarships awarded	6,830	5,410
Unrealised losses on investments	74,136	0
	-----	-----
	80,966	5,410
	-----	-----
OPERATING (DEFICIT) / SURPLUS FOR THE YEAR	-----	-----
	(30,920)	119,169
	=====	=====

**BALANCE SHEET
AS AT 30 JUNE 2022**

Current Assets		
Cash	8,262	14,561
Investments	630,442	666,945
Receivables	11,882	0
	-----	-----
TOTAL ASSETS	650,586	681,506
	-----	-----
NET ASSETS	650,586	681,506
	=====	=====
Equity		
Opening balance	681,506	562,337
Net (deficit) / surplus for the year	(30,920)	119,169
	-----	-----
TOTAL EQUITY	650,586	681,506
	=====	=====

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CANBERRA MOTHERCRAFT SOCIETY INCORPORATED

ABN: 27 358 139 470

**CANBERRA MOTHERCRAFT SOCIETY
COMMUNITY DEVELOPMENT FUND**

**INCOME STATEMENT
FOR THE YEAR ENDED 30 JUNE 2022**

	2022	2021
INCOME		
Bank interest	8	22
Distributions	41,744	7,341
Donations	0	193
Unrealised gains on investments	0	59,075
	41,752	66,631
EXPENDITURE		
Unrealised losses on investments	48,584	0
	48,584	0
OPERATING (DEFICIT) / SURPLUS FOR THE YEAR	(6,832)	66,631

**BALANCE SHEET
AS AT 30 JUNE 2022**

Current Assets		
Cash	81,025	81,017
Investments	208,561	222,668
Receivables	7,267	0
TOTAL ASSETS	296,853	303,685
NET ASSETS	296,853	303,685
Equity		
Opening balance	303,685	237,054
Net (deficit) / surplus for the year	(6,832)	66,631
TOTAL EQUITY	296,853	303,685

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CANBERRA MOTHERCRAFT SOCIETY INCORPORATED

ABN. 27 358 139 470

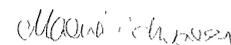
**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2022**

STATEMENT BY THE BOARD

The Board has determined that the association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements. In the opinion of the Board:

- The financial statements and notes, as set out in the financial report are in accordance with the *Australian Charities and Not-for-profits Commission Act 2012*, including:
 - complying with the accounting policies outlined in Note 1 to the financial statements; and
 - complying with Division 60 of the *Australian Charities and Not-for-profits Commission Regulations 2013*.
 - give a true and fair view of the financial position as at 30 June 2022 and of the performance for the year ended on that date of the association.
- At the date of this statement, there are reasonable grounds to believe that Canberra Mothercraft Society Incorporated will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:



M Edwards
Treasurer



G Metherell
President

CANBERRA, 21 September 2022

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Towards Healthy Families

Ija Mulanggari, Goodtha Mulanggari
Thriving Mothers, Thriving Babies

